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Monday October 7th, 2024

To: Toronto Police Service
40 College Street
Toronto, ON M5G 2J3

Police Occurrence Report #24-1621628

Regarding the Death of Josephine Victoria Lonsdale (Heughan)

"A Mother's love is like no other, It nurtures, comforts, and understands" (Helen Steiner Rice). **Josephine Victoria Lonsdale (Heughan)** was a Mother who gave her undying love to her children, **Anthony Carr (Heughan)**, born December 6th, 1943 and **Tina Higgins (née Heughan)**, born May 2nd, 1953, from their births until her tragic death on July 23rd, 2023. But her love extended well beyond her family. A decorated WWII veteran, she drove an ambulance, nursing and caring for the injured, the dying. She has cared for many thousands of individuals, at times risking her own life to save theirs. In addition, for years after the war Josephine was a nurse at Sunnybrook Hospital, spreading her love for humanity to patients there.

I personally felt that love from her and every time I spoke with Anthony on the phone, I insisted that he give her a hug and kiss from me. Her sudden death hit me much as did the passing of my own Mother, Iris Margarite Sanders Jarvis (Searle) in 1986, who died, of natural causes, much too early at the age of 57. The loss of a maternal parent is always saddening but nothing can compare to the devastation that Anthony has experienced as a result of the murder of his Mother, Josephine Victoria Lonsdale (Heughan) at St. Michael's Hospital. More than a year later, he still cries every time we pass a place that he and his Mom used to visit, or at the mention of a movie they used to watch or the many another activities they did together. Anthony's love for his Mother is reflective of the love she gave to him and everyone whose life she touched.

Anthony was her sole caregiver from the 1990's until her life was cut short by the callous decisions of Doctors **Michael Sklar** and **Seema Marhawa**.

Josephine Victoria Lonsdale (Heughan) entered hospital in relatively good health (based on EMS reports of blood pressure, pulse and vital signs - 7/21 22:25 Paramedic report BP 124/78 BPM 85 - Christopher DeSaulniers), with a problem keeping food down. It must be noted that Dr. **Marwaha** is listed as "most responsible healthcare provider" on the official Discharge Summary paperwork and it was she who cancelled an important CT scan that was necessary to properly diagnose the blockage that Josephine had experienced. Many hours later staff was still anticipating this scan because they were not told that Marwaha had erroneously withdrawn this crucial procedure.

It is important to realize that **Dr. Cole Clifford** made an entry in clinical notes stating that Josephine was at "Low risk" for readmission. At 12:55 on July 22nd, 2023, it was also entered into the notes that she did not have any trouble focusing, her thinking was not disorganized and it says in multiple reports made by the SMH team that they were able to speak to her. It was further stated that Josephine had a pulse of 83 bpm, only a moderate presence of "fluid retention" but mild nausea, vomiting and a distended abdomen.

Anthony spoke to numerous members of the St. Michael's team and said in no uncertain terms that his Mother was to be **"resuscitated at all costs"** (Code 20) using all available methods. Doctor Cole Clifford (Senior Resident), specifically confirmed this with Anthony "twice", just to be certain. This was common practice any and every time Josephine Lonsdale was admitted to hospital over many years.

The discharge summary states "Her son was quite clear he wanted her to have access to all care including resuscitation. As such, we arranged for an urgent non contrast CT of her abdomen". The CT Scan was

cancelled by Seema Marwaha at 3:45 on July 22nd. The staff was not informed of this and hours later were still expecting this to be done.

In the entry of 13:52, it says that Dr. Sklar (the "doctor from ICU) spoke to son, agreed DNR". In the clinical notes it states that the "Do Not Resuscitate" was ordered, by Sklar, at "06:29 - discontinue FULL CODE" signed by Jade Sullivan, nearly seven and half hours earlier.

This is absolutely against the official "Policies" written by: **The College of Physicians and Surgeons of Ontario (CPSO)** - (Approved by Council: September 2002 - Reviewed and Updated: February 2006, September 2015, May 2016, September 2019, March 2023) in the section titled "**Decision-Making for End-of-Life Care**" under the heading **Withholding Resuscitative Measures**: "the physician can write an order to withhold resuscitative measures in the patient's medical record but must, before writing the order:

- a. ***inform the patient and/or SDM that the order will be written;***
- b. ***communicate information regarding the patient's diagnosis and/or prognosis, and explain to the patient and/or SDM why resuscitative measures are not appropriate, including the risk of harm in providing those interventions and the likely clinical outcomes if the patient is resuscitated; and***
- c. ***provide details to the patient and/or SDM regarding clinically appropriate care or treatment(s) they propose to provide."***

[To note, the acronym SDM refers to the Substitute Decision-Maker of the patient. This was Josephine's son, Anthony Heughan.] **No communication** was made to Anthony before the change was ordered.

Realizing afterwards that they had done wrong, they have tried to cover up the details of their life ending choices by making false representations of their actions. Thoroughly researched clinical medical notes (provided to Anthony by the hospital) prove their malice and indicate negligence towards their sworn duty to care for their patients, specifically **Josephine Lonsdale (Heughen)**.

The above is an extremely brief summary of the events, but a more detailed account is attached to this letter, if the information is needed for full disclosure. Further, the clinical notes (hundreds of pages in length) can be provided if need be.

I, **Lyll Sanders**, am assisting my friend and long time associate, **Anthony Carr (Heughan)** in the research and presentation of this information. We have taken all the necessary steps (see below) that have been requested of us. As a close friend of Anthony, and his Mother, I know he would never agree to the "**Do Not Resuscitate**" order made by Dr. **Sklar** and I'm absolutely positive that this is why they did not inform Anthony until it was too late.

- 1) Letters to patient relations (Samantha Edgar) at St. Michael's Hospital.
- 2) A meeting (which I attended with Mr. Heughan) with members of the SMH team, Ms. Edgar, Dr. Marhawa and Dr Sklar.
- 3) Letters to **The College of Physicians and Surgeons of Ontario (CPSO)**. **The Inquiries Complaints and Reports Committee** of this case, filed as **CAS-454036-H3D6Y2 [CAS-454033 X8L4J8]** decided to take "**no action on this complaint**".

After the correspondence with CPSO, we had a meeting with a Justice at **The Ontario Court of Justice** who suggested additional steps could be taken before a "**Private Prosecution**" of the Doctors be embarked on. We contacted local police and were instructed to attend Police Headquarters at 40 College St. Eventually we had a meeting with homicide officers in the lobby at 2703 St. Clair Ave East, East York.

The **Occurrence Report #24-1621628** has the details. The officer, a former hospital employee himself, informed us to continue our appropriate process by contacting the Health Professions Appeal and Review Board and to report back to the police after contacting the **HPARB**.

4) In regard to **CAS-454034-R7K9Q5 24-CRV-0541**, The Health Professions Appeal and Review Board has stated that "the Board shall not review the decision of the panel of the Committee".

We now bring this process back to Toronto Police Service to pursue justice, and we ask that, after review by the investigating officer(s), charges be brought against Doctor **Michael Sklar** and Doctor **Seema Marwaha** who are directly responsible for the death of **JOSEPHINE VICTORIA LONSDALE (HEUGHAN)**. We ask that they be charged with the crime of "***homicide with malice aforethought***".

As mentioned, we have much more evidence to support this case, and which we will gladly provide for your investigation. We further have in our possession the clinical notes and various letters and email messages that have been exchanged between the interested parties.

Doctors **Seema Marwaha** and **Michael Sklar** collaborated to **kill Josephine Victoria Lonsdale (Heughan)**. Marwaha cancelled an investigative medical procedure meant to save Josephine's life, whilst Sklar illegally decided to not resuscitate his patient and then they attempted to cover up their crimes. This is a teaching hospital, and young healthcare professionals are learning these despicable practices!

"Doctor Michael Sklar and Doctor Seema Marwaha must be made accountable for the death of **Josephine Victoria Lonsdale (Heughan)** and charged with her murder. This may in some way bring an inkling of justice to her unjust treatment and will certainly protect future patients of St. Michael's Hospital from suffering similar fates at the hands of Dr. Michael Sklar, Dr. Seema Marwaha and any others who have learned their detestable methods".

You may contact me whenever necessary at (647) 712-7283 or by email at LbennySanders@teachers.org and to info@AnthonyCarrPsychic.com

We await your anticipated reply.



Lyall Frederick Gordon Sanders

*" A gift from above, so precious and rare,
A Mother 's love, beyond compare."*

Author Unknown

The bitterest graveside tears ever shed, surely must be by those who never said: "I love you, Mom"

Sir Anthony Lonsdale-Carr (aka Anthony Heughan)

To My Mother

by Edgar Allan Poe

To my Mother , so gentle and kind,
Whose love is a treasure I'll always find.
Through darkest nights and brightest days,
Her unwavering support lights my way

Edgar Allan Poe, '[To My Mother](#)'.

Because I feel that, in the Heavens above,
The angels, whispering to one another,
Can find, among their burning terms of love,
None so devotional as that of 'Mother' ...

The Gift of a Mother

by Unknown

A gift from above, so precious and rare,
A Mother 's love, beyond compare.
She showers us with blessings each day,
Guiding us along life's winding way

Here is the Police Occurrence Report #24-1621628
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